



CHURCH EDUCATION

The Holy Bible
The Book of Mormon



'...and they shall become one in thine hand.' Ezekiel 37.17

TEACHER NOTES

LESSON TITLE

Abinadi Teaches God's Commandments

45-minute lesson

UNIT 2 - Love, Kinship, Worship

To prepare for this lesson, study the scriptural references listed in

GRADES 1-3

OBJECTIVES and Mosiah chapters 11-13.

HOLY BIBLE

1 John 5:2, "By this we know that we love the children of God, when we love God, and keep his commandments."

Q = Teacher asks questions

THE BOOK OF MORMON

Mosiah 12:33, "But now Abinadi said unto them: I know if ye keep the commandments of God ye shall be saved; yea, if ye keep the commandments which the Lord delivered unto Moses in the mount of Sinai, saying:" ...

OBJECTIVES

Students will be able to:

- Describe how God wants to be loved, John 14:15.
- Through guided discussion, explore ways to love by obeying the Ten Commandments.
- (For 3rd graders) Identify examples and non- examples of how God wants us to love.

ESSENTIAL QUESTIONS

- How much love does God want?
- What is one way to show God that we love Him?
- What commandments does God want us to obey?

MATERIALS

Holy Bible and *The Book of Mormon*

Scissors, Crayons/Markers

Lesson Resources:

- [Game - Ten Commandments](#) (Print and cut prior to class)
- [Puzzle - Abinadi Teaches God's Commandments](#), 1 copy per student

PROCEDURE

Motivation/Introduction (3-5 minutes)

Engage students in a discussion, relating listening to parents as an act of love, and Relate to God. (See Teacher's Supplement for guidance.)

Goals: Describe how God wants to be loved.

Through guided discussion, explore ways to love by obeying the Ten Commandments

(For 3rd graders) Identify examples and non- examples of how God wants us to love.

Lesson Development (35-40 minutes)

(See Teacher's Supplement for guidance, steps 1 & 2.)

1. Using Abinadi and King Noah as examples, illustrate that listening/obedience demonstrates love to God, Mosiah 11-13. (Relate the account in your own words or use Story Map.)
2. Present the 10 Commandments as God's Rules that His children should obey (Lesson Resource: "Game – 10 Commandments, pages 2-8").
3. (For 3rd graders) Students identify examples and non-examples of how God wants to be loved. (See Lesson Resource: "Game - 10 Commandments," instructions, page 1.)
4. Review Essential Questions (Page 1)
5. Scripture Cheer (Lead students)
"If ye love me, keep my commandments." John 14:15
6. Hand students pencils, colored pencils/markers, and "Puzzle – Abinadi Teaches God's Commandments" (See Lesson Resources). Students complete in class or at home.

Key words: love, kinship, worship, love to God

Teacher's Supplement

Motivation/Introduction

Discussion Point: When God's children listen to Him, it makes Him feel loved.

Q: How do your parents know that you love them? Can you think of one way you show love to your parents?

Q: How do your parents feel when you listen to them? How do your parents feel when you do not listen? How does listening show love?

Q: What does it mean to listen? Can you explain how to listen?

Say: Listen to the words of Jesus, **"If ye love me, keep my commandments."** John 14:15.

Q: What do you think this means?

Lesson Development

1. Story Map: Abinadi and King Noah (Mosiah 11-13)

Listen to a true story about two of God's children – Abinadi and Noah. (This is not the Noah who built the ark.) One of the men loves God and one does not. See if you can tell which man loves God.

A long time ago, lived a man named Noah. Noah was the son of a king who lived in the land that we call America. When Noah was a child, his father, the king, taught him God's commandments. Commandments are God's rules. When Noah became a man, and his father grew very old, his father made him the king. A king is a powerful ruler who makes and enforces rules. Noah chose to not listen to his father, nor follow God's rules. He made his own rules. Since Noah ruled over the people, he taught his people to disobey God's rules, too.

During this same time lived a man named Abinadi. Abinadi was one of God's prophets. A prophet is someone God uses to speak to people. God instructed Abinadi to go to king Noah to remind him to obey God's rules. Abinadi did as God instructed. King Noah did not accept God's message that Abinadi delivered. Instead, he became very angry. He wanted to live by his own rules.

Q: In the story, which man loves God? How do we know this?

2. 10 Commandments (God's Rules)

God's commandments instruct how to love Him, and how to love people. Listen to the commandments of which Abinadi reminded king Noah to obey.

- a. Explain the Ten Commandments in terms students can understand. Use the Ten Commandments symbol and text cards and pair up the symbol with the text. (See Lesson Resource: "Game - Ten Commandments", pages 2-8).
- b. Identify the 5 commandments that instruct how to love God, and the 5 commandments that instruct how to love others.
- c. **Students practice:**
 - i. Display the 10 Commandments symbol cards on a table in front of students, and Teacher holds the text cards in his/her hand.
 - ii. Teacher selects a commandment text card, shows it to students, and Teacher or a student reads it aloud.
 - iii. Students identify the corresponding commandment symbol card.
 - iv. Continue in like manner for the remaining commandments. Repeat set a few times, as needed, for students to become confident in matching the commandment text with the corresponding symbol card.