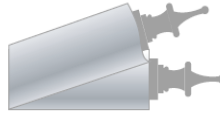




CHURCH EDUCATION

The Holy Bible
The Book of Mormon



'...and they shall become one in thine hand.' Ezekiel 37.17

LESSON TITLE

The Prayer of Faith and Fasting and Prayer Unleash the Power of God
(Alma and the Sons of Mosiah)

Unit 6 – Evidence of Authority and Establishing the Church

GRADES 1-3

THE HOLY BIBLE

1 Thessalonians 5:17 “Pray without ceasing.”

THE BOOK OF MORMON

Mosiah 27:14 “And again, the angel said: Behold, the Lord hath heard the prayers of his people, and also the prayers of his servant, Alma, who is thy father; for he has prayed with much faith concerning thee that thou mightest be brought to the knowledge of the truth; therefore, for this purpose have I come to convince thee of the power and authority of God, that the prayers of his servants might be answered according to their faith.”

OBJECTIVES

The student will be able to:

- Recognize why Alma and Mosiah prayed for their sons.
- Describe how God answered the prayers of Alma and Mosiah, Mosiah 27:8-14.
- Recognize through the story how our prayers can benefit others.

ESSENTIAL QUESTIONS

- For what were Alma and Mosiah praying? Why were Alma and Mosiah praying for their sons?
- What are some things for which we should pray? Why should we pray for people to believe that Jesus saves?

MATERIALS

Holy Bible and *The Book of Mormon*

Tasks: Assignments 1 & 2. 1-copy of each per student

Song: [Whisper a Prayer](#)

TEACHER NOTES

40-minute lesson

To prepare for this lesson, study the scriptural references listed in **OBJECTIVES**.

Q = Teacher asks question

PROCEDURE

Motivation/Introduction (5 minutes)

1. Engage students in a discussion on prayer.

Q: What does it mean to pray? To whom do we pray?
Can you think of some things for which we should pray?

Prayer is a conversation with God.
When we pray we:

- Talk to God and believe that He is listening.
- Ask God to teach us things, e.g., what He wants us to do, what He wants us to know, or how to solve problems.
- Listen for God to answer.

Goals: Recognize why Alma and Mosiah prayed for their sons. Describe how God answered the prayers of Alma and Mosiah. Recognize through the story how our prayers can benefit others.

Lesson Development (30-35 minutes)

1. Introduce Alma and Mosiah and share a retelling of why they prayed for their sons and what happened. Allow students to role play the scene where the angel confronts Alma and the sons of Mosiah. (See Story Map)
2. Teacher and students share an answered prayer and/or a prayer need.
3. Discuss Essential Questions.
4. Song: Teach students, Whisper A Prayer.
5. Task: Hand students Bibles and Assignments. Provide instructions on how to complete. Assist with looking up scriptural verses as needed.

Key Words: evidence, authority, establish, church, Alma, Mosiah, prayer

Story Map: Alma and Mosiah Pray for their Sons

Background:

- The story takes place in the land of America about 100 years before Jesus is born.
- Mosiah, son of Benjamin, is a good king who is the father of four sons – Ammon, Aaron, Omner, and Himni.
- Alma is a priest in God's church. He has a son named Alma.

King Mosiah and Alma, the priest, are friends. King Mosiah and Alma are very sad because their sons are troublemakers, who choose to disobey their parents and

God. No matter how much these fathers talk to their sons, and encourage them to do good, they do not listen. The young men enjoy making trouble. They try really hard to persuade people to stop believing in God and His son, Jesus.

What more could King Mosiah and Alma do to convince their sons that God is real and powerful?

Both fathers agree to ask God for help. They pray that God in heaven will show their sons that they are on the wrong path – the one that leads to eternal misery and woe. In fact, the fathers invite all the people of the church to pray for their sons also.

King Mosiah and Alma believe that prayer is a powerful tool. They believe that God will help them in their time of need. Let's find out what happens after they pray!

Note to Teacher: Let students role play the next portion of the story (5 minutes). Assign students the parts of:

- Alma, son of Alma
- Ammon
- Aaron
- Omner
- Himni
- Angel

Narrate the story, prompting actors on their lines and actions.

Role play:

Narrator: *One day, Alma and Mosiah's sons named Aaron, Ammon, Omner, and Himni were walking along on the road thinking of ways to make trouble for God's church.*

- ✓ Prompt actors to pretend to walk and talk.

Narrator: *Suddenly, an angel appears out of the sky and stands in front of them.*

- ✓ Prompt the angel to jump in front of Alma and the sons of Mosiah.

Narrator: *The angel speaks with a powerful voice that sounds like thunder. His voice is so powerful, it makes the earth shake.*

- ✓ Prompt Alma and the sons of Mosiah to shake with fear and fall to the ground.

Narrator: *The angel tells Alma to stand up.*

- ✓ Prompt the angel to command Alma to stand, using a powerful voice.

Narrator: *Listen to what the angel tells Alma.*

- ✓ Prompt the angel to say the following:

Angel: *The Lord has heard the prayers of your parents and the people of His church! God has sent me to show how powerful and mighty He is. Can you see that I am an angel? Can you hear my powerful voice? Do you feel the ground shake when I speak?*

- ✓ Prompt Alma to shake his knees and act scared.

Angel: *I am proof that God is powerful and that God is able to do whatever He says He will do!*

- ✓ Prompt the angel to point his finger at Alma while saying the following:

Angel: *God sent me to tell you to stop trying to destroy His church or else He will destroy you!*

- ✓ Tell Alma to fall to the ground and pretend to be lifeless.

Narrator: *The angel's message is so powerful that Alma is unable to move or speak. His friends pick him up and carry him home to his father.*

- ✓ Prompt actors playing the sons of Mosiah to gently drag Alma back home.
- ✓ Tell the actors to come back to their seats to listen to the rest of the story.

Continue story:

When Alma, the priest, hears about the angel's visit and sees his son laying lifeless, he is not sad. He is happy!

Why is Alma, the priest, so happy?

Alma is happy because he knows that God has answered his prayers. He is happy because his son witnessed the power of God! Alma calls all the church people to see what God has done. Then he calls all the priests together to fast and to pray for the Lord to restore his son's strength; so everyone can witness the power of God and His goodness in answering their prayers.

The priests fast and pray for two days and two nights. On the third day, Alma's son regains his strength and can speak. He tells everyone that he believes that Jesus is the son of God who will come to save the world. The young men who were once enemies to the church of God all turn from their wicked ways and become believers in Jesus Christ!

Assignment 1: Prayer

Look up the scripture clues in the Bible and fill in the blanks with the correct words.

1. **Clue:** Luke 11:1

"...one of his disciples said unto him, Lord, _____ us to pray..."

2. **Clue:** 1 Thess. 5:17

"_____ without ceasing."

3. **Clue:** James 5:13

"Is any among you _____? Let him pray..."



Assignment 2: Prayer

Circle the pictures of things for which we should pray.

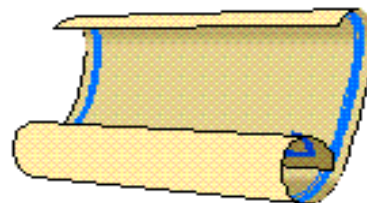


Food

Health



Sports Car



Forgiveness



Peace



Money