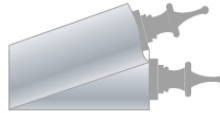




CHURCH EDUCATION

The Holy Bible
The Book of Mormon



'...and they shall become one in thine hand.' Ezekiel 37.17

LESSON TITLE

Fruit of the Spirit - Longsuffering

UNIT 2 – Love, Kinship, Worship

GRADES 4-6 & 7-9

HOLY BIBLE

Galatians 5:22, "But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith,"

THE BOOK OF MORMON

Alma 7:23, "And now I would that ye should be humble, and be submissive and gentle; easy to be entreated; full of patience and long-suffering; being diligent in keeping the commandments of God at all times; asking for whatsoever things ye stand in need, both spiritual and temporal; always returning thanks unto God for whatsoever things ye do receive."

OBJECTIVES

Students will be able to:

- Describe how Jesus is longsuffering, Matthew 27, 1 Timothy 1:15,16, 1 Nephi 19:9, Mosiah 3:7-9.
- Recognize that longsuffering requires love, and patience during an uncomfortable situation.

ESSENTIAL QUESTIONS

- Can you think of an instance when Jesus is longsuffering?
- How does Jesus' longsuffering demonstrate love? Who does Jesus love?
- Can you think of a moment in your life when you knew that God loves you?

MATERIALS

Holy Bible and Book of Mormon

Task: Template of fruit, page 4. Colored pencils/markers, acrylic/ tempera paints, cotton swabs

TEACHER NOTES

35-minute lesson

To prepare for this lesson, study the scriptural references listed in **OBJECTIVES**.

Q = Teacher asks question

Definition:

Longsuffering *adj.* showing patience in spite of troubles, especially those caused by other people.

PROCEDURE

Motivation/Introduction (3 mins.)

1. Define longsuffering and engage students in a discussion on how easy or difficult it is to exercise longsuffering.

Q. Can you think of a time when you endured a difficult situation, like an extended illness or mistreatment?

Q: How does it feel to suffer? How does it feel to suffer for a long time? What are examples of thoughts you have while suffering?

When a person tolerates suffering without getting angry or upset, they are demonstrating longsuffering.

Goals: Describe how Jesus is longsuffering. Recognize that longsuffering requires love and patience during an uncomfortable situation.

Lesson Development (25-30 mins)

1. Students take turns reading aloud the crucifixion account of Jesus, Mathew 27:1,2,11-14,22,23,27-46.
2. Engage students in a discussion about the longsuffering of Jesus during His trial and death (See Teacher's Supplement for guidance).
3. Discuss Essential Questions
4. Task: **Illustrating Patience**
 - a. Give each student the fruit template and colored pencils (Page 4).
 - b. Tell students to think of a situation where they should exercise patience.
 - c. Tell them to imagine what being patient looks like in this situation. Tell them to draw what it looks like on the back of the paper.
 - d. Give students acrylic or tempera paint and cotton swabs. Tell students to paint the fruit template using [pointillism](#) techniques.
 - e. Tell students to display their picture in a visible place.

Key words: love, kinship, worship, God's love, longsuffering, patience

Teacher's Supplement

Lesson Development

2. Discussion on Jesus's Longsuffering

Q: Can you imagine what it feels like to be accused of a crime that you never did? How might Jesus have felt when questioned by Pilate? How might he have felt when the crowd yelled, "Crucify Him?"

Q: How easy is it to not defend yourself when being accused? How easy is it to endure cruelty?

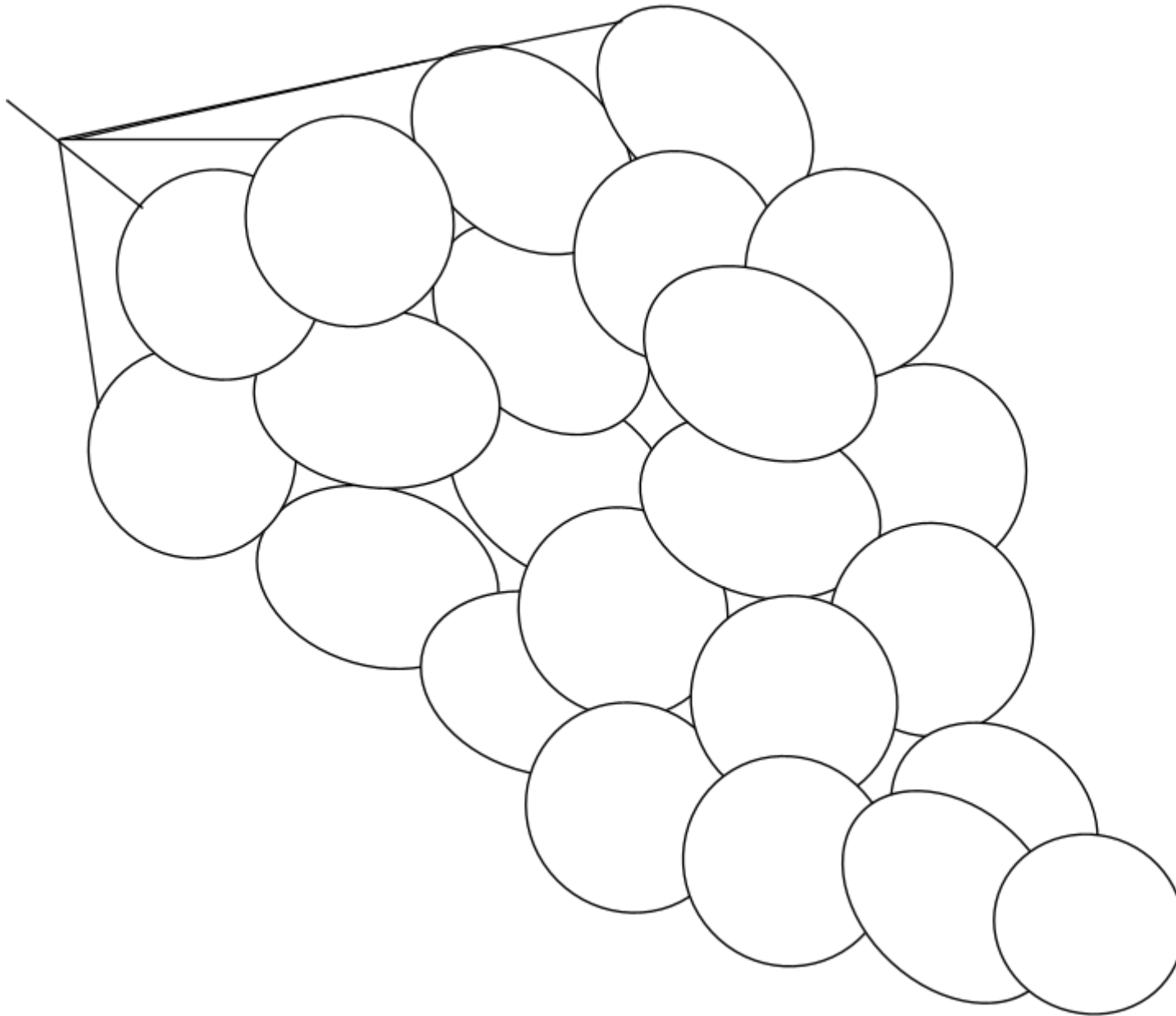
Q: Can you imagine the suffering of Jesus when he hung on the cross?

Q: What might it feel like to be mocked? To wear a crown of thorns? Why is this humiliating and painful for Jesus?

Q: How might it feel to have nails hammered into your hands and feet?

Q: How does Jesus react to mistreatment? How does Jesus show love for everyone – even those who are against him?

Q: Why does Jesus not defend Himself? (Jesus is the Prince of Peace. He came to earth to save the world. Jesus willingly gives His life – suffers a cruel death- to pay the price for everyone's sins. He has great love for mankind.)



**“...when ye
do well,**

**and suffer
for it,**

**ye take it
patiently,**

**this is
acceptable
with God.”**

1 Peter 2:20